

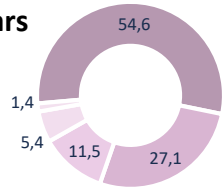
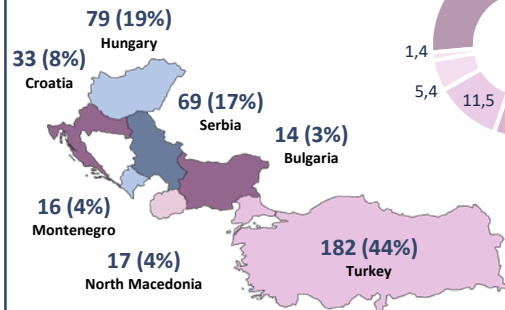
THE IMPACT OF COVID-19 ON TRANSGENDER HEALTH IN THE BALKANS

RESULTS OF THE TRANSCARECOVID-19 STUDY (www.transcareCovid-19.com)

Participants

N = 410

Ø = 27.0 years



54.6% (trans) man
27.1% (trans) woman
11.5% non-binary
5.4% I don't know. I don't have a preference
1.4% other

people of color **15.6%**
 people with disabilities **9.0%**
 religious minorities **25.4%**
 sex worker **8.3%**
 also intersex **3.4%**

63.4% single
42.4% upper secondary or post-secondary education

Barriers to healthcare

Restricted access to hormones? YES 14.4%

- 6.3%** I can't get a prescription
- 6.1%** I can't get an appointment with my hormone prescriber
- 5.4%** I'm afraid to go to a medical provider or a hospital
- 4.4%** My hormones cannot be supplied
- 2.9%** An appointment was cancelled
- 2.2%** An appointment was postponed

Access to	restricted?
Medical material that is important after surgery (e.g., vaginal dilators)	6.6%
Binders or packing material	13.4%
Non-medical supplies (e.g., wigs, shaving supplies)	14.4%

Impact of COVID-19 on transgender health care worldwide

- Over 50% of participants had risk factors for severe course of a COVID-19 infection
 - 20% higher risk compared to general population of most OSCE countries
- Participants were at a high risk of avoiding testing or treatment of a COVID-19 infection due to the fear of mistreatment or discrimination
- Access to transgender health care services was restricted due to the COVID-19 pandemic for 50% of the participants.

WE THANK ALL PEOPLE WHO PARTICIPATED IN THE STUDY!

Chronic condition

33.7%

40.0%
Smoker

2.7%
Currently taking medication that suppresses the immune system

43.2% are afraid that COVID-19 will affect their access to hormones in the future

7.6% Expect that an appointment for surgery will be cancelled

5.9% An appointment for surgery was canceled

5.9% Aftercare of a recent surgery is affected

Health Risks

- 27.8%** Back problems
- 17.1%** Knee
- 11.7%** Upper respiratory disease
- 8.0%** Endocrine disorder
- 4.6%** Asthma
- 4.1%** Cardiovascular disease
- 2.4%** Rheumatoid arthritis
- 1.2%** Neurological conditions
- 1.2%** Osteoporosis
- 1.2%** Cataract
- 1.0%** Infectious disease
- 0.7%** Blood disorder
- 0.5%** HIV

COVID-19: Experiences and Concerns

- 19.5%** would avoid COVID-19 testing because of fear of discrimination, even if they had shown COVID-19 symptoms
- 10.7%** had avoided COVID-19 testing or care because of fear of discrimination
- 5.9%** had contact with a person who was diagnosed with or is suspected to have COVID-19
- 0.5%** were diagnosed with COVID-19

