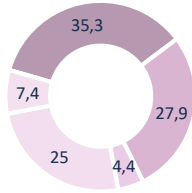
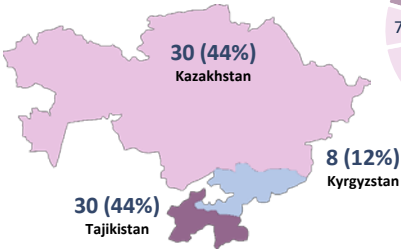


# THE IMPACT OF COVID-19 ON TRANSGENDER HEALTH IN CENTRAL ASIA

RESULTS OF THE TRANSCARECOVID-19 STUDY ([www.transcareCovid-19.com](http://www.transcareCovid-19.com))

## Participants

**N = 68**     $\bar{x}$  = 29.3 years



**42.6%** single  
**58.8%** upper secondary or post-secondary education

**35.3%** (trans) man  
**27.9%** (trans) woman  
**4.4%** non-binary  
**25.0%** I don't know. I don't have a preference  
**7.4%** other

people of color **35.3%**  
people with disabilities **30.9%**  
religious minorities **29.4%**  
sex worker **45.6%**  
also intersex **19.1%**

## Chronic condition

**17.6%**

17.6% are afraid that COVID-19 will affect their access to hormones in the future

**44.1%**  
Smoker

**7.4%**

Currently taking medication that suppresses the immune system

**10.3%**  
Expect that an appointment for surgery will be cancelled

**8.8%**  
An appointment for surgery was canceled

**2.9%**  
Aftercare of a recent surgery is affected

## Health Risks

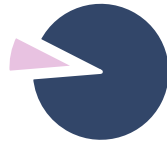
- 16.2% Back problems
- 10.3% HIV
- 10.3% Lung disease
- 8.8% Endocrine disorder
- 7.4% Neurological conditions
- 7.4% Cardiovascular disease
- 5.9% Knee problems
- 5.9% Blood disorder
- 4.4% Upper respiratory disease
- 4.4% COPD
- 2.9% Rheumatoid arthritis
- 2.9% Infectious disease
- 2.9% Asthma

## Barriers to healthcare

### Restricted access to hormones?



**YES 8.8%**



- 2.9%** I can't get an appointment with my hormone prescriber
- 2.9%** I can't get a prescription
- 1.5%** My hormones cannot be supplied



Access to	restricted?
Medical material that is important after surgery (e.g. vaginal dilators)	<b>23.5%</b>
Binders or packing material	<b>25.0%</b>
Non-medical supplies (e.g. wigs, shaving supplies)	<b>32.4%</b>

## Impact of COVID-19 on transgender health care worldwide

- Over 50% of participants had risk factors for severe course of a COVID-19 infection
  - 20% higher risk compared to general population of most OSCE countries
- Participants were at a high risk of avoiding testing or treatment of a COVID-19 infection due to the fear of mistreatment or discrimination
- Access to transgender health care services was restricted due to the COVID-19 pandemic for 50% of the participants.

**WE THANK ALL PEOPLE WHO PARTICIPATED IN THE STUDY!**

## COVID-19: Experiences and Concerns

- 19.1%** had contact with a person who was diagnosed with or is suspected to have COVID-19
- 30.9%** would avoid COVID-19 testing because of fear of discrimination, even if they had shown COVID-19 symptoms
- 20.6%** had avoided COVID-19 testing or care because of fear of discrimination
- 2.9%** were diagnosed with COVID-19

