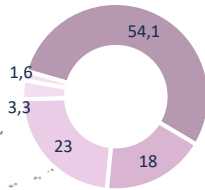


THE IMPACT OF COVID-19 ON TRANSGENDER HEALTH IN THE RUSSIAN FEDERATION

RESULTS OF THE TRANSCARECOVID-19 STUDY (www.transcareCovid-19.com)

Participants

N = 61 \bar{x} = 27.9 years



54.1% (trans) man
18.0% (trans) woman
23.0% non-binary
3.3% I don't know. I don't have a preference
1.6% other

people of color **18.0%**
 people with disabilities **42.6%**
 religious minorities **13.1%**
 sex worker **14.8%**
 also intersex **11.5%**

50.8% single
42.6% upper secondary or post-secondary education

Chronic condition

45.9%

are afraid that COVID-19 will affect their access to hormones in the future

34.4%
Smoker



4.9%
Currently taking medication that suppresses the immune system

Health Risks

- 47.5% Back problems
- 21.3% Cardiovascular disease
- 13.1% Knee problems
- 13.1% Endocrine disorder
- 11.5% Upper respiratory disease
- 8.2% Asthma
- 4.9% Neurological conditions
- 4.9% HIV
- 3.3% Blood disorder
- 3.3% COPD
- 1.6% Rheumatoid arthritis



Barriers to healthcare

Restricted access to hormones?

YES 24.6%



- 9.8%** I can't get a prescription
- 8.2%** I can't get an appointment with my hormone prescriber
- 6.6%** I'm afraid to go to a medical provider or a hospital
- 6.6%** My hormones cannot be supplied



Access to	restricted?
Medical material that is important after surgery (e.g. vaginal dilators)	3.3%
Binders or packing material	29.5%
Non-medical supplies (e.g. wigs, shaving supplies)	21.3%

Impact of COVID-19 on transgender health care worldwide

- Over 50% of participants had risk factors for severe course of a COVID-19 infection
 - 20% higher risk compared to general population of most OSCE countries
- Participants were at a high risk of avoiding testing or treatment of a COVID-19 infection due to the fear of mistreatment or discrimination
- Access to transgender health care services was restricted due to the COVID-19 pandemic for 50% of the participants.

WE THANK ALL PEOPLE WHO PARTICIPATED IN THE STUDY!

COVID-19: Experiences and Concerns

- 9.8%** had contact with a person who was diagnosed with or is suspected to have COVID-19
- 23.0%** would avoid COVID-19 testing because of fear of discrimination, even if they had shown COVID-19 symptoms
- 13.1%** had avoided COVID-19 testing or care because of fear of discrimination
- 1.6%** were diagnosed with COVID-19

