

THE IMPACT OF COVID-19 ON TRANSGENDER HEALTH IN SCANDINAVIA

RESULTS OF THE TRANSCARECOVID-19 STUDY (www.transcareCovid-19.com)

Participants

N = 468

Ø = 32.0 years

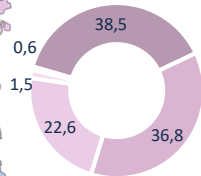
33 (7%)
Norway

63 (13%)
Finland

17 (4%)
Denmark

355 (76%)
Sweden

49.6% single 48.9% highly educated



38.3% (trans) man
36.8% (trans) woman
22.6% non-binary
1.5% I don't know. I don't have a preference
0.6% other

people of color 7.4%
people with disabilities 39.6%
religious minorities 13.6%
sex worker 9.8%
also intersex 3.0%

54.5% are afraid that COVID-19 will affect their access to hormones in the future

18.8% Expect that an appointment for surgery will be cancelled

11.5% An appointment for surgery was canceled

4.3% Aftercare of a recent surgery is affected

Chronic condition
62.0%

8.1%
Smoker

2.1%
Currently taking medication that suppresses the immune system

Health Risks

- 25.2% Back problems
- 18.6% Knee problems
- 12.0% Asthma
- 5.1% Upper respiratory disease
- 4.9% Cardiovascular disease
- 3.8% Endocrine disorder
- 3.2% Neurological conditions
- 1.9% Rheumatoid arthritis
- 1.3% Blood disorder
- 1.1% Osteoporosis
- 0.6% Lung disease
- 0.6% Cancer
- 0.6% HIV
- 0.6% Infectious disease

Barriers to healthcare

Restricted access to hormones? YES 11.1%

- 3.8% My hormones cannot be supplied
- 2.6% I'm afraid to go to a medical provider or a hospital
- 1.7% I can't get an appointment with my hormone prescriber
- 1.1% An appointment was cancelled
- 1.1% An appointment was postponed
- 1.1% I can't get a prescription

Access to	restricted?
Medical material that is important after surgery (e.g., vaginal dilators)	1.5%
Binders or packing material	6.0%
Non-medical supplies (e.g., wigs, shaving supplies)	9.8%

Impact of COVID-19 on transgender health care worldwide

- Over 50% of participants had risk factors for severe course of a COVID-19 infection
 - 20% higher risk compared to general population of most OSCE countries
- Participants were at a high risk of avoiding testing or treatment of a COVID-19 infection due to the fear of mistreatment or discrimination
- Access to transgender health care services was restricted due to the COVID-19 pandemic for 50% of the participants.

WE THANK ALL PEOPLE WHO PARTICIPATED IN THE STUDY!

COVID-19: Experiences and Concerns

- 25.6% had contact with a person who was diagnosed with or is suspected to have COVID-19
- 13.9% would avoid COVID-19 testing because of fear of discrimination, even if they had shown COVID-19 symptoms
- 3.8% had avoided COVID-19 testing or care because of fear of discrimination
- 0.4% were diagnosed with COVID-19